## **Survey Descriptions and Announcements**

## Social Media

If you attend or lead a Christian church in Canada, please take ten to fifteen minutes to complete a survey on mental health in Canadian congregations. Click below for more details and to complete the survey, and help us by spreading the word!

https://calse.voxco.com/SE/90/SMHM/

## **Congregation-specific Resources**

## Email/Bulletin/Poster/Announcement Promo

We'd like to share an opportunity to participate in a national study of mental health and illness in Canadian churches developed by Flourishing Congregations Institute and Sanctuary Mental Health Ministries. The goal of this survey is to explore the experiences of Canadian congregants living with mental illness or mental health challenges, attitudes towards and beliefs about mental illness and mental health challenges in Canadian Christian churches, and the congregational supports and resources related to supporting mental health and wellbeing.

We are inviting you to take up to ten-to-fifteen minutes this week to fill out this anonymous online survey: <a href="https://calse.voxco.com/SE/90/SMHM/">https://calse.voxco.com/SE/90/SMHM/</a>. Please know that no one in our church will have access to individual responses; all responses are being collected by the Flourishing Congregations Institute, and we will have no way of linking responses with individuals from our church. Thank you for considering this request! Your participation will help inform resources that equip the Christian Church to support mental health and wellbeing in Canada.